

# Advanced clinical tools for management of breastfeeding, cry-fuss and sleep problems: Masterclasses in Neuroprotective Developmental Care

## Program Overview 2019

Saturday 9 and Sunday 10 March 2019, Brisbane  
 Friday 21 and Saturday 22 June 2019, Sydney  
 Friday 18 and Saturday 19 October 2019, Melbourne



Each participant receives:

- *NDC Masterclass Handbook: Core Competencies*
- *ACT for Perinatal and Infant Mental Health Handbook*
- *Opportunity to join NDC Accreditation Pathway and access resources for consultations at a substantially reduced rate (available Masterclass weekend only)*

Re-thinking floor of mouth and lingual frenulum connective tissue based on latest anatomic dissection Task-specific tongue biomechanics Implications for tongue tie division	Guest Speaker (also video format) Dr Nikki Mills, Ear Nose and Throat Surgeon, Anatomist, Starship Children's Hospital, Auckland
The breastfeeding infant's suck, swallow and airway protection	Guest Speaker (also video format) Dr Nikki Mills, Ear Nose and Throat Surgeon, Anatomist, Starship Children's Hospital, Auckland
Milk storage in the breast Fat content in human milk Normal 24 hour milk production over the first 6 months	Guest Speaker (also video format) Dr Sharon Perella, Human Lactation Research Group, University of Western Australia
Why analysis of ultrasound studies show us that clinical breastfeeding support is currently based upon outdated models of infant suck, swallow and breath coordination. What is the new gestalt model of infant suck, swallow and breath coordination? Is it 'nothing new' or a paradigm shift in clinical breastfeeding support? How can you change your practice to improve your patients' breastfeeding outcomes?	Adjunct Associate Professor Pamela Douglas
Clinical skills in gestalt breastfeeding intervention	Adjunct Associate Professor Pamela Douglas; Ms Renee Keogh

Neonatal examination	To be determined
Focussed oromotor assessment	Associate Professor (Adj) Pamela Douglas
Demonstration of scissors frenotomy	Associate Professor (Adj) Pamela Douglas
Implications of gestalt model for: <ul style="list-style-type: none"> <li>• Supplemental Nursing System use</li> <li>• Management of nipple pain - overview</li> <li>• Diagnosis and treatment of nipple thrush</li> <li>• Nipple infection and role of antibiotics</li> <li>• Vasospasm</li> <li>• Allodynia</li> <li>• Nipple shield use</li> <li>• Blocked ducts and mastitis: prevention and management</li> <li>• Breast massage</li> <li>• Engorgement and reverse pressure softening</li> <li>• Breast expression and pump use</li> <li>• Fitting a pump flange</li> <li>• Hand expression</li> <li>• High and low supply</li> <li>• Domperidone</li> <li>• Slow weight gain</li> </ul>	Panel presenters
Complex clinical intervention for unsettled infant behaviour (Possums 5 domain approach): visual tool application, demonstrations, practice opportunities	Adjunct Associate Professor Pamela Douglas
Complex clinical intervention (Possums Sleep Program) for excessive night waking: templates, demonstrations, practice opportunities	Adjunct Associate Professor Pamela Douglas, Ms Renee Keogh
Acceptance and Commitment Therapy: applying simple strategies in your consultations	Adjunct Associate Professor Pamela Douglas, Ms Deb Spink

*Masterclasses cover the same NDC content but **feature sessions by different guest speakers, either F2F or teleconference**. We may also use videos of guest speakers from previous Masterclasses whom we think you might like to see.*