

Advanced Clinical Skills for the Management of Breastfeeding, Cry-fuss, Sleep and Mood Problems: Masterclasses in Neuroprotective Developmental Care	
Online Modularised Masterclasses Program	
Thursday 4 May 2023	
7.00-9.00pm, AEST, Brisbane, Australia	
Module 1: Focussed clinical breastfeeding support	
Introduction to Neuroprotective Developmental Care	
Latest ultrasound evidence concerning functional anatomy and biomechanics of infant suck and swallow in breastfeeding, and clinical implications	Assoc Prof (Adj) Pamela Douglas , GP-Lactation Consultant, Researcher, Medical Director, Possums Education
Role of 'baby-led' or 'laid back breastfeeding': mammalian methods are foundational, but alone are not enough to ensure pain-free effective breastfeeding for many women	Ms Renee Keogh , RN-Lactation Consultant, NDC Accredited Practitioner
What gestalt breastfeeding is not: popular methods that compromise the biomechanics of milk transfer	
Case demonstration of gestalt intervention with volunteer breastfeeding pair	Live demonstration with volunteer Mum and baby
Thursday 11 May 2023	
7.00-9.00pm, AEST, Brisbane, Australia	
Module 2: Focussed clinical breastfeeding support	
Clinical implications of key findings of research from the Human Lactation Research Group UWA on fat content and normal volumes of breastmilk production	Dr Sharon Perrella , Research Fellow, Human Lactation Research Group University of Western Australia (20 minutes - Video)
Task-specific tongue biomechanics based on latest anatomic dissections and implications for frenotomy	Dr Nikki Mills , Paediatric ENT surgeon, Nelson Hospital, New Zealand (40 minutes - Video)
Steps in clinically relevant oromotor and tongue function assessment Steps in performing a scissors frenotomy	Assoc Prof (Adj) Pamela Douglas , GP-Lactation Consultant, Researcher, Medical Director, Possums Education Ms Renee Keogh , RN-Lactation Consultant, NDC Accredited Practitioner
Case demonstration of gestalt intervention with volunteer breastfeeding pair	Live demonstration with volunteer Mum and baby
Thursday 18 May 2023	
7.00-9.00pm, AEST, Brisbane, Australia	
Module 3: Focussed Clinical Breastfeeding Support	
How the gestalt approach to clinical breastfeeding support changes management of common problems: <ul style="list-style-type: none"> • Role of supplemental nursing system PD • How to apply a supplemental nursing system RK • Pumping PD • Fitting a pump flange RK • Management of chronic nipple pain PD 	Assoc Prof (Adj) Pamela Douglas , GP-Lactation Consultant, Researcher, Medical Director, Possums Education Ms Renee Keogh , RN-Lactation Consultant, NDC Accredited Practitioner

<ul style="list-style-type: none"> • Fitting a nipple shield RK • White spots PD • Blocked ducts RK • Management of mastitis PD • Role of breast and reverse massage RK • Conditioned dialling up at breast PD • Hand expression RK • Nipple thrush PD • Reverse pressure softening RK • High and low supply PD • Use of domperidone PD 	
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Thursday 25 May 2023

7.00-9.00pm, Brisbane, Australia

Module 4: Advanced clinical skills for the management of cry-fuss and sleep problems

How to give information to parents that is different to or even the exact opposite of what parents have been told elsewhere Review of management of 5 domain approach to management of cry-fuss problems	<p>Assoc Prof (Adj) Pamela Douglas, GP-Lactation Consultant, Researcher, Medical Director, Possums Education</p> <p>Ms Renee Keogh, RN-Lactation Consultant, NDC Accredited Practitioner</p>
Case demonstration of volunteer parents with cry-fuss problems (baby 0-12 weeks)	Live demonstration with volunteer Mum and baby

Thursday 1 June 2023

7.00-9.00pm, Brisbane, Australia

Module 5: Advanced clinical skills for the management of cry-fuss and sleep problems

Case demonstration of volunteer parents with baby sleep problems (0-5 months)	Ms Renee Keogh, RN-Lactation Consultant, NDC Accredited Practitioner
Participant practice in break-out rooms with flashcards and role play	
Case demonstration of volunteer parents with baby sleep problems (6 months +)	Assoc Prof (Adj) Pamela Douglas, GP-Lactation Consultant, Researcher, Medical Director, Possums Education

Thursday 8 June 2023

7.00-9.00pm, Brisbane, Australia

Module 6: Advanced clinical skills for the management of cry-fuss and sleep problems

Strategies from Acceptance and Commitment Therapy which powerfully support parent and infant mental health in the perinatal period	Assoc Prof (Adj) Pamela Douglas, GP-Lactation Consultant, Researcher, Medical Director, Possums Education
Case demonstration/role play of applying an ACT strategy with parent of young baby	
Discussion, questions, revisions, resources	

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